Public Health Advisory

Hand, foot and mouth disease

November 13, 2025
Iqaluit, Nunavut

Public Health has received reports of rashes among children in some Nunavut communities and has determined that hand, foot and mouth disease (HFMD) is the likely cause.

Hand, foot and mouth is a common viral illness that usually affects infants and children younger than 5 years old but can happen at any age. The most common causes are coxsackieviruses. Hand, foot and mouth usually causes a mild illness that resolves on its own. Ensure that your child drinks enough fluids; fever and discomfort can be treated with over-the-counter medications, such as Tylenol.

Please check in with your healthcare provider if you have any concerns or questions about childhood rashes. For more information on hand, foot and mouth disease, please see the hand, foot and mouth disease factsheet on the Department of Health webpage.

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